Client Intake Form.

If you prefer, we can discuss any of the information in this form in person.

When signing this form, you agree to the Terms & Conditions outlined on my website.

Balance Your Life

Referred by (if applicable)	Date	

Please see our Privacy and Confidentiality Agreement for details about how your information will be protected.

Personal Details

First Name		Surname		D.O.B	DD/MM/YYYY
Address			Suburb		
State	Postcode		Email (only include if it is OK to email)		
Preferred Phone Number		Ok to identify caller? 🗵		Ok to lea	ave messages? 🗆
		Yes	□No	Yes	□No
First Language	Ethnic/Cultural Identity				
Preferred Pronouns					
□she/her/hers	□he/him/his	□they/their	Other (please specify)		

Relationship Status

Select One	Dating	\Box Living with partner	□Married	Separated	Divorced	□Widowed
Spouse Name	Spouse Name Spouse Gender Pronouns					
Other Significant	Relationships (paren	ts, children, siblings, etc.)				

Emergency Contact

Name	Contact Phone Number
Alternative Contact Number	Permission to contact in case of emergency? □Yes □No
Relationship to You	

Health & Medical Details

GP Name	GP Practice
Medication (if relevant)	
Diagnosed/Suspected Health Conditions (including Mental Health)	
Previous Experience of Counselling/Psychotherapy	

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Other Information

Reason for seeking counselling		
Are you currently involved in any legal proceedings?		
Anything else you would like me to know about you or which might be important for me to know?		
How did you hear about this counselling service?		
Signature:	late:	